



Norfolk Women's & Girls Football League

Annual General Meeting

19th June 2025

19:00pm to 20.30pm

Chairpersons Opening Remarks

Good evening and welcome to the NWGFL AGM. Before we start can I point out the fire exits.

We have had another successful year with women's and girls game in Norfolk and Suffolk growing every year.

We held our Cup Finals at Aylsham again this year and the sun definitely came out for us. The weekend showcased the fantastic talent we have in our league. We must thank all the fantastic volunteers at Aylsham for their hard work leading up to and on the weekend, providing us with the perfect venue.

We held our second awards evening, celebrating all the great volunteers/players in the league and will be holding our third awards on the 28th of June.

We continue to offer our mental health training and if anyone is interested in more information about the course, please chat to one of us at the end of the AGM.

Can I take this opportunity to thank all of you in the room for your hard work and your commitment to our league, we all do value your support.

Lastly, I would like to thank the league committee who work incredibly hard to provide every opportunity for women's and girls to play football.

Over the season we have had a few personal/health issues to deal with, but we have always supported each other.



I have been Chair for the last 9 years and have truly made friends for life. We have been through lots during this time.

Apologies

- Netti Champion
- Caroline Aldous
- Netti Champion

Minutes of previous AGM

Confirmed that the minutes of the previous AGM were circulated to all, displayed on the League website, to be agreed as a true and fair reflection of the meeting.

Vote: Majority room vote (For)

Treasurer's report - Balance Sheet

The BALANCE SHEET was circulated to all and displayed on the League Website. Accounts were verified by Steve Pye and Co Accountancy

The accounts were agreed to be accepted.

- **Proposed:** Darianne, Tasburgh
- **Seconded:** Sean, Gt Yarmouth
- **Vote:** Majority room vote For

Election of New Teams/Clubs

New Adult Clubs

Cawston Women

Dereham Town Women FC

Dersingham Rovers FC Women

Kings Lynn Ladies



Lowestoft Town FC

Watton Utd FC Women

- **Proposed:** Simon, Costessey
- **Seconded:** Martin, Bure Valley
- **Vote:** Majority room vote For

Youth Clubs

Cringleford JFC

Dereham Town Youth FC

Dersingham Rovers FC Youth

Terrington Tigers FC

- **Proposed:** Adian, Kirkley & Pakefield
- **Seconded:** Shane, Waveney FC
- **Vote:** Majority room vote For

Constitution of the Competition for Ensuing Season

The full constitution proposal with 5 x Development Divisions from U7 to U11, with 5 x Youth Divisions U12 to U16, through to Ladies 7 and 11 aside, with no more than 250 Clubs in total, and no more than 14 teams in each Youth and Adult Division.



Currently the Constitution is set out with the Development Divisions in U8, U9, U10 & U11. Youth Divisions in U12, U13, U14, U15, U16 and U18 and Ladies 7 and Ladies 11's. This is subject to change if teams subsequently withdraw prior to the season commencing.

Offer for U7 division, and additional entries into all development divisions will be considered

- **Proposed:** Chris, Horsford
- **Seconded:** Sean, Gorleston
- **Vote:** Majority room vote For

U12 Division

- **Proposed:** Chris, Horsford
- **Seconded:** Adian, Kirkley & Pakefield
- **Vote:** Majority room vote For

U13 Division

- **Proposed:** Jonathan, Blofield Utd FC
- **Seconded:** Daniel, Brundall Bolts
- **Vote:** Majority room vote For

U14 Division

- **Proposed:** Sean, Gt Yarmouth FC
- **Seconded:** Emma, Bure Valley
- **Vote:** Majority room vote For

U15 Division

- **Proposed:** Chris, Horsford
- **Seconded:** Abbie, Kirkley & Pakefield
- **Vote:** Majority room vote For



U16 Division

- **Proposed:** Daniel, Brundall Bolts
- **Seconded:** Darianne, Tasburgh
- **Vote:** Majority room vote For

Ladies 7 Division

- **Proposed:** Simon, Costessey
- **Seconded:** Chris, Horsford FC
- **Vote:** Majority room vote For

Ladies 11 Division

- **Proposed:** Kayleigh, Valkyries
- **Seconded:** Martin, Bure Valley
- **Vote:** Majority room vote For

Election of Officers and Management Committee

Chairperson – Ben Binder

League Secretary – Louise Riseborough

Treasurer – Netti Champion

Welfare Officer – Julie Hutchin

Divisional Secretary, Charge Officer, Media Officer - Alison Moore, Netti Champion, Louise Riseborough, Julie Hutchin, Caroline Aldous, Ben Binder, Steve Ryan, Steve Kenny, Mark Walker, Paul Sell & David Clarke.

- **Proposed:** Darianne, Tasburgh FC
- **Seconded:** Simon, Costessey
- **Vote:** Majority room vote For



Appointment of Auditors

Proposed Steve Pye & Co Accountancy

- **Proposed:** Simon, Costessey Sports FC
- **Seconded:** Daniel, Brundall Bolts
- **Vote:** Majority room vote For

Playing formats for the season

Youth

U7	5v5	=	Majority room vote For
U8	5v5	=	Majority room vote For
U9	5v5	=	Majority room vote For
U10	7v7	=	Majority room vote For
U11	7v7	=	Majority room vote For
U12	9v9	=	Majority room vote For
U13	9v9	=	Majority room vote For
U14	11v11	=	Majority room vote For
U15	11v11	=	Majority room vote For
U16	11v11	=	Majority room vote For

- **Proposed:** Cassie, North Walsham FC
- **Seconded:** Adian, K&P FC
- **Vote:** Majority room vote For



Date for the commencement of the Playing Season and Kick Off times applicable to the Competition

- **Youth** – 30th August 2025
- **Adult** – 31st August 2025

The league has agreed for teams to have an extra sanction free postponement to be used on the weekend of 30th/31st August. If it is not used on this weekend, it will be null and void. It can't be used against any other games. This does not affect the normal one sanction free postponement.

Kick off times:

- **Youth** – 9:30am-2pm
- **Adult** – 10am to 2pm

No KO time to be set before 10am unless both teams agree, if the away team must travel more than 50 miles from one ground to another.

- **Proposed:** Kayleigh, Valkyries
- **Seconded:** Sean, Gt Yarmouth
- **Vote:** Majority room vote for

Date for the end of the Playing Season

Ideally all games finished by end of the season will be the Cup Finals Day but if not possible then 31st May 2026.

- **Proposed:** Paul, Gorleston FC
- **Seconded:** Sean, Gt Yarmouth
- **Vote:** Majority room vote for

SCORY

- **Proposed:** Konner, Beccles
- **Seconded:** Jonathan, Blofield
- **Vote:** Majority room vote for



SCOR

- **Proposed:** Martin, Bure Valley
- **Seconded:** Darianne, Tasburgh
- **Vote:** Majority room vote for

Rule Proposals

- Chris Brown, Horsford

A media exemption rule to be adopted for youth and adult rules, for the protection and safeguarding of 'Looked after' children. A team with '@Looked after' player(s) confirm this when they acknowledge their fixture confirmations. This would mean no photography or recording of anyone in attendance could take place.

- **Proposed:** David, Red Rose
- **Seconded:** Kayleigh, Valkyries
- **Vote:** Majority room vote for

Split Referee Fees – Chris Brown, Horsford

When Referee appointments are made for league fixtures, the cost is split equally between the home and away teams. This is already the case for NWGFL Cup Fixtures

- **Proposed:** Chris, Horsford
- **Seconded:** Mark, Wymondham
- **Vote:** Majority room vote Against



Ladies 7 Rules – Caroline Aldous

The Home team must provide goal nets, corner flags and at least two footballs fit for play and the referee shall make a report to the Competition if not provided. Failure to comply with this rule will result in a fine in accordance with the Fines Tarriff for LR20.A in SCOR.

- **Proposed:** David, Red Rose
- **Seconded:** Konner, Beccles
- **Vote:** Majority room vote for

Adult Cup Rules – Ben Binder

A player is Cup tied and therefore ineligible if they have played for another team in any previous round of either this league cup or plate competition. For the avoidance of doubt, this also refers to teams within the same club, for example, a player making an appearance for an 11aside team is therefore cup-tied and cannot play for a different 11 aside team or 7 aside team within the same club in later rounds. **For the avoidance of doubt, the Cup and Plate are regarded as the same competition. Any additional cup or trophy event competitions will not be regarded as the same competition but will still be subject to players being cup-tied from the first fixture onwards.**

- **Proposed:** Konner, Beccles
- **Seconded:** Jonathan, Blofield
- **Vote:** Majority room vote for



Postponements (Adult & Youth Rules) LR20.20 & LR20.23

A0 In addition to our current postponement stipulations, we would like to add this policy and progressive sanctions for teams that postpone with the logic that teams will rather preserve points than a fine, so hopefully by adopting this, postponing might be a deterrent with a stronger approach. We want teams playing football and want to avoid fixture congestion in April/May.

1st postponement – sanction free providing it is used before April 1st – this will automatically be applied.

2nd postponement – 2-point deduction for U12-Adult & £10 fine. £10 for U7-U11.

3rd Postponement – award fixture for U12-Adult & £15 fine. £15 fine for U7-U11.

4th and any subsequent postponements – award fixture for U12 & £20 fine, plus a discussion over viability of how the team plans to avoid further postponements to complete the season. U7-U11 £20 fine plus discussion over viability to continue and avoid any further postponements.

B) In addition to the above, if Team A postpones a fixture vs Team B more than once in the same playing season, then the fixture is awarded to the non-defaulting team, regardless of being home or away.

- **Proposed:** Jonathan, Blofield
- **Seconded:** Chris, Horsford
- **Vote:** Majority room vote for



Team Sheets LR20.24

All age groups, for all fixture types to complete Team Sheets as prescribed by the competition and exchanged with the opposition no later than 15 minutes prior to Kick Off. This can be done in physical form or electronically. Teams will be required to retain team sheets for the duration of the season and will be required to send to the league committee, if requested.

Team sheets will be available on NWGFL.net

Any team failing to comply with this rule, provides incomplete or inaccurate information may be fined in accordance with the Fines Tariff.

(Wording for Youth Cup, Plate, Trophy Event Rules)

Teams must complete and exchange team sheets as well as providing a copy to the referee at least 15 minutes prior to KO. Failure to do so may result in a fine of up to £50.

- **Proposed:** Kayleigh, Valkyries
- **Seconded:** Daniel, Brundall Bolts
- **Vote:** Majority room vote for



Adult & Youth Cup & Plate rules

To be added to Rule 8 for Adult and Rule 7 for Youth and Trophy Event.

- A) For ties that are held over 2 legs, if 1 team postpones either of the fixtures, then the result of the overall tie is awarded to the non-defaulting team.
 - B) If an original Cup or Plate tie is postponed due to no fault of either team, the fixture will be rescheduled for the next matchday in the calendar.
 - C) Priority of Cup or Plate fixtures, follow this preference-
 - National Competitions
 - County Competitions
 - NWGFL Cup, Plate, or Trophy Event fixtures
 - NWGFL League fixtures
- **Proposed:** Simon, Costessy
 - **Seconded:** Shane, Waveney
 - **Vote:** Majority room vote for

Law 14: The Throw- in Ladies 7

A throw in is awarded to the opponents of the player who last touched the ball when the whole of the ball passes over the touchline, on the ground or in the air.

A goal cannot be scored directly from a throw-in.

- If the ball enters the opponent's goal- a goal kick is awarded
- If the ball enters the thrower's goal – a corner kick is awarded

1. Procedure

At the moment of delivering the ball, the thrower must:

- Stand facing the field of play
- Have part of each foot on the touchline or on the ground outside the touchline.



- Throw the ball with both hands from behind and over the head from the point where it left the field of play.

All opponents must stand at least at least 2m (2yds) from the point on the touchline where the throw-ins are to be taken.

The ball is in play when it enters the field of play. If the ball touches the ground before entering, the throw-in is retaken by the same team from the same position. If the throw-in is not taken correctly, it is retaken by the opposing team.

If a player, while correctly taking a throw-in, deliberately throws the ball at an opponent in order to play the ball again but not in a careless or reckless manner or using excessive force, the referee allows play to continue. The thrower must not touch the ball again until it has touched another player.

- **Proposed:** Daniel, Brundall Bolts
- **Seconded:** Shane, Waveney
- **Vote:** Majority room vote for

Louise thanked Alison for her many years of commitment to the role of chairman.

There was no other business to which due notice has been given and accepted as being relevant to the AGM

With no further business to be discussed,

- Meeting Closed –
 - 8.30pm